



# Mission & Guiding Principles

- ✧ Jewish Family Service Calgary strengthens communities by providing social services to individuals and families based on the Jewish values of compassion, social justice and improving the world.
- ✧ We treat each individual with dignity and respect.
- ✧ We are accessible to people of all faiths and cultures.
- ✧ We work together to strengthen all communities recognizing the value of participation and collaboration.
- ✧ We are accountable to our clients and stakeholders.
- ✧ We empower individuals and families by promoting self-sufficiency.
- ✧ We respond to new ideas and emerging needs.

# Table of Contents

Welcome Message	3
The Goodman Award	5
A Great Volunteer	5
JFSC Gets Involved	6
An Afternoon of Fun for the Kids	7
A Need for Jewish Foster Families	8
Coalition of Jewish Women for the GET	8
New Jewish Family Service Staff	9
Donors	10
Staff & Board of Directors	12

# Liam of JFSC

Dear JFSC Friends,

As I write, I have been professionally involved with JFSC for just over a month. I am most fortunate to have the opportunity to take over an organization that shines at everything we do. The staff at JFSC is fabulous and take on all of the social problems that present themselves on a daily basis. We are compassionate and caring and do fabulous work with minimal resources. Social problems present themselves in all shapes and sizes. From seniors living in isolation to children living in abusive environments, we see it all.

During the recent UJA PAC allocation process, the UJA insisted that JFSC try to put our services and supports into a priority list. In our business this was not possible. Is the starving child more important than the abused senior? Is a person with mental health issues less or more important than Grandparents trying to raise three young children? Is the new immigrant living in their car with their family more important than the child whose family cannot afford a lunch for them to have in school? At JFSC, our priority is all of these people. It is ridiculous to think that we would take some situations as more important than others.

For 2013/2014, JFSC has been allocated \$30,000 less than the 2012/2013 allocation from UJA. The amount that JFSC is receiving from Federation is almost \$100,000 less than what was requested of UJA in order to be a more complete social safety net for our community. We need to meet the social needs of everyone who comes to our door. The priority is to be all that we can be for those in need, those living in social isolation, those living in abusive situations and those living in underprivileged situations.

Those who know me will know me as an honest "straight shooter" and you will be asked, more than once, for your support. Over the next few months you will be hearing from us with respect to our success and where we need your support to be able to meet the vast variety of needs and challenges that face us on a daily basis. Be it a financial contribution and/or as a volunteer, we need your support and assistance. Everyone deserves the opportunity to live their lives with dignity and respect and everyone is entitled to strive for their own personal measures of success and community participation. We could not and cannot do this without the support of our community and those living outside our community. When you hear from us, please remember that everyone has value and everyone has the potential to be

**“ The priority is to be all that we can be for those in need, those living in social isolation, those living in abusive situations and those living in underprivileged situations. ”**

successful. Every child deserves to have a childhood twinkle in their eyes and the ability to have friends and fun in their lives. Anyone who reaches out for support should get that support.

I am most thankful to Bev Shekter for her fabulous success in building an agency that can positively respond to the social needs of our community and the general community. The staff members of JFSC have been fabulous and are a great team that provides the best resources and supports to everyone who comes knocking at our door. Thank you to all of our staff and the Board of Directors for being so warm and welcoming to me. Thank you to all of you in the community and to our stakeholders for their words of confidence and support in me as JFSC moves forward towards making the world a better place for all of us.



**Marty Hornstein**  
Executive Director



**Ben Grintuch**  
President, Board of Directors

## OUR SERVICES

- ✧ Seniors Outreach
- ✧ Counselling
- ✧ Shalom Bayit (Domestic Violence)
- ✧ Immigrant Support
- ✧ Miriam's Well & Kosher Food Pantry
- ✧ Housing Assistance
- ✧ Educational Workshops
- ✧ "Voices" - Jewish Community Choir

**CALL US: (403) 287-3510**



Jewish Family Service Calgary is a partner of United Jewish Appeal.  
We encourage all of our supporters to make a gift to UJA.

# *The Goodman Award* Our Agency is So Proud

The Association of Jewish Family & Children's Agencies (AJFCA) accepted nominations from across North America for "Innovative Programming" with the presentation of the Goodman Award to take place at the AJFCA Conference in May 2013 held in Phoenix, Arizona.

We were all so very proud that our Andrea Silverstone, coordinator of the "Turn Off the Violence" project, which is part of our Shalom Bayit Program, was the recipient of such important recognition.

School aged children are faced with a variety of complex and difficult situations including bullying, childhood sexual abuse and conflict at home. It is the role of teachers and parents to support children to know how to navigate these situations either as a victim or bystander, and if possible, to prevent them. "Turn Off the Violence" offers a comprehensive community development approach to addressing violence targeted toward school aged children and Andrea continues to take this project to all who can benefit.



Andrea Silverstone

## *A Great Volunteer* Of JFSC

Don Rigby has been volunteering for JFSC for nine years, assisting seniors living at the Bertha Gold Jewish Seniors Residence with the completion of their income tax forms. Over the years he has not only contributed with his expert knowledge, but he has shown compassion and understanding to our clients. He is very kind, soft spoken and he reaches out to each individual in a very special way.

"What will we do if Don Rigby is not going to assist us next year?" That is the frequently asked question when the satisfied customers leave the room. Happily, with a smile, he reassures them that he will see them again next year.

Of course it is very important for each individual's tax forms to be completed every year. Don helps eliminate the anxiety and frustration felt by most people as he advocates for this most vulnerable population. This year he prepared over 160 income tax forms free of charge for our clients and the number of individuals helped keeps growing year to year.

We can't thank you enough, Don!



Don Rigby,  
Our Seniors' Tax Superhero!



# JFSC Gets Involved...

Jewish Family Service Calgary has been selected as one of four cities across Canada to participate in a project called "Pan-Canadian Elder Abuse Awareness and Education Program for Ethnocultural Communities".

The goal of this project is to decrease the number of incidents of abuse through increasing awareness for multicultural seniors, their families and their caregivers. Along with guidance from our Community Support Services Coordinator, Inessa Kessel, a "Senior Advisory Committee" has been formed to bring this project to life.

Their first accomplishment has been creating a pamphlet to aid in awareness which has been distributed throughout the Calgary community. It includes an Elder Abuse Resource Phone Line so people have a place to turn for help. That number is: **(403) 705 – 3250**.

The committee is also working on a play to perform for seniors in the future, as well as to various groups who are in contact with seniors on a regular basis, through interactive workshops.

This issue is such a significant concern and JFSC is pleased to be chosen to help get the word out. JFSC would also like to thank the Jewish Community Centre for their participation and kindly providing the venue for this project.



The members of the Senior Advisory Committee. Standing left to right: Arthur Peal, Nessie Hollander, Inessa Kessel, Norma Karlinsky & Anna Peal.

# An Afternoon of Fun For the Kids

JFSC collaborated with the PJ Library and held an event in honour of Mother's Day to support women in need. "Selina the Storyteller" (Selina Eisenberg from Montreal) kept the children entertained with Jewish folktales, brownies and coffee cakes were devoured and it was a great afternoon.

We thank Kathie Wainer, the PJ Library Coordinator, for her hard work not only for our Mother's Day event, but for all she does to promote Jewish content in the reading materials for our children by way of free books being mailed out and free local events such as ours.

If you'd like to know more, please contact Kathie at [kwainer@jewishcalgary.org](mailto:kwainer@jewishcalgary.org) or phone **(403) 612 – 6604**.

**"Selina the Storyteller" kept the children entertained with Jewish folktales, brownies and coffee cakes were devoured and it was a great afternoon. "**



Cheryl Shore & Grandson, Charlie, join in the fun!

As advertised in our Chanukah Newsletter last year,  
Jewish community is in need of nurturing  
Jewish foster families

to support and care for Jewish children.

---

If you have thought about performing this mitzvah or are curious about what is involved, please attend an information session with a representative from the Foster Parents' Association:

Thursday, October 10, 2013

7:00 PM

Location: Jewish Family Service Calgary

For more information, please contact Megan at JFSC, (403) 692 – 6384

---

## DIVORCING?

If you are contemplating, or in the midst of divorce proceedings contact

**The Coalition of Jewish Women for the Get**

This 2-step approach is prevention against the lamentable status of AGUNAH\*

STEP 1 - Obtain your Jewish divorce (GET).

STEP 2 - Finalize your civil divorce only after the GET document is in your hands.

For more information, leave a message at our confidential help lines:

Montreal	<b>(514) 343-8706</b>	Winnipeg	<b>(204) 992-2762</b>
Toronto	<b>(416) 849-3135</b>	Calgary	<b>(403) 444-3164</b>

*\*AGUNAH - A Jewish woman whose husband refuses to give her a Get.*

*According to Jewish law, without the Get, she is unable to remarry religiously and start a new family. She is a chained woman.*



# JFSC Staff



**ANNETA  
MANFUL, MA**

As a new member of the clinical counselling team, I'm delighted to be part of the JFSC family

and look forward to working with the diverse clientele the organization serves. I have an MA in Counselling Psychology and recently obtained my provisional status with the College of Alberta Psychologists. Prior to joining JFSC, I worked with children diagnosed on the Autism Spectrum and their families and completed my counselling internship at Calgary Counselling Centre where I had the opportunity to work with clients with various presenting concerns. I believe a strong therapeutic alliance and collaboration are important components in helping clients make positive changes to improve their lives.



**TANYA  
MUSCHANOV, MC**

Tanya joined our agency in June 2013 to become a welcome addition to the Shalom Bayit Program. She joins us with experience

working with youth and adults with complex needs. In her role as Shalom Bayit Coordinator, she supports, advocates and raises awareness about domestic violence and bullying in the Jewish community.



**HAZEL ORPEN,  
SW DIP, BSW,  
RSW**

Hazel is a long-time Calgarian and active member of Temple B'nai Tikvah. She has

worked as a registered social worker for over 15 years after graduating from the Social Work Program at Mount Royal University in 1999. Throughout her career, she has been passionate about serving those most marginalized, stigmatized and at risk of homelessness including immigrants, refugees, First Nations peoples and adults involved in the sex trade. As a lifelong learner, Hazel earned a certificate in conflict resolution and mediation at MRU and returned to the University of Calgary full-time, completing her Bachelor of Social Work with a Minor in Indigenous Studies in 2012. She joined JFSC as the Basic Needs Coordinator in April where she brings her experience in advocacy and systems' navigation. In her spare time, Hazel volunteers with the Women's Centre and is actively involved in the "Idle No More" movement addressing systemic poverty, environmental concerns and human rights issues.



**SHIRLEY ROSEN**

Shirley Rosen is a communications specialist, a mother of two, and joined JFSC in April 2013 as the Volunteer/ Project Coordinator.

She was born in Israel where she spent her earlier years becoming a communications expert in Hebrew and English. Shirley arrived in Canada in 1994 determined to uncover the secrets of how successful people and companies communicate. She found her passion early in her life and began working and volunteering in her local Jewish community. Shirley has dedicated the past 15 years teaching special needs, early Jewish education and coordinating exciting new Jewish Programs. She believes the road to success is trying and accomplishing goals through Tikkun Olam. Shirley is known for her vivacious personality and tenacious attitude; heart of gold, tough as nails! When she is not working, she loves to cook and can be seen in several local shops getting the best deal in town.

# Donors January 17<sup>th</sup>, 2013 - June 13<sup>th</sup>, 2013

Lorie Abernethy & Gie Roberts  
 Karen & Dr. Brian Abrams  
 Doreen Abugov  
 Sheryl & Howard Ackman  
 Joseph Adjoi  
 Judy Adler  
 Sandy & Irvin Adler  
 Sherry Adler-Perera & Dilan Perera  
 Bill Aizanman  
 Nily & Avram Alima  
 Carol & Ray Allan  
 Marilyn Anderson & Jim Ball  
 Anonymus  
 Muhammad Armagan  
 Armon Investments Ltd.  
 Rosette Azran  
 Bonny & Dr. Eric Babins  
 Becky & John Barlot  
 Gerry Barron  
 Sharon & Bernie Batshaw  
 Roberto Bayardo-Ricco  
 Leona Bell  
 Marcia & Allan Bell  
 Jeanette & Rudy Berger  
 Sheila Bermack  
 Claire & Ben Berman  
 Bertha Gold Jewish Seniors Residence  
 B gifted Inc.  
 Morris Bleviss  
 Randa Bloom  
 Wayne Bobroff  
 Marnie & Darren Bondar  
 Muriel Bondar  
 Stewart Bondar  
 Faye & Warren Book  
 Mimi & Ariel Breitman  
 Harriet & Richard Breslauer  
 Sally & Cecil Breslauer  
 Carol Brettschneider

Galina & Lev Briskin  
 Annie Brodsky  
 Carrie & Mitch Brody  
 Marlene & Dr. Neil Brown  
 Calgary Jewish Community  
 Federation Society - UJA Campaign  
 Calgary Jewish Community  
 Federation Society - Young Leadership  
 Ros & Myron Calof  
 Mary Campbell  
 Ethel Caplan  
 Jennifer Carey  
 Marsha Carnat  
 Sarabeth Carnat  
 Shirley & Al Chafetz  
 Helen & Elkan Charikar -  
 United Way Donor Choice  
 CMA Alberta  
 Anita & Myer Cohen  
 Bernice Cohen  
 Clarice & Bernie Cohen  
 Geneva Cohen  
 Joy Cohen  
 Sheila & Dr. Howard Cohen  
 Coming Up Rozes  
 Allison Conn  
 Sandy & Dr. Bernie Corenblum  
 Hazel & Les Cosman  
 Susan Culham & Maurice de la Salle  
 Dr. Judy & Steele Curry  
 Alexandra & Harvey Cyngiser  
 Bronia & Sid Cyngiser  
 Phyllis D'Aguiar  
 Ann & Morris Dancyger  
 Larry Derkach  
 Bonnie & Ken Dressler  
 Faith & Jerry Dubisky  
 Bev & Ed Dunn  
 Ruth & Norman Dvorkin  
 Delsie Dworkin

Rose & Jack Edelson  
 Jeff Eichler  
 Rhoda & David Eisenstadt  
 Sandra & Dr. Haskel Eisner  
 Reva Faber  
 Sandra & Barney Faber  
 Lil Faider  
 Eva Falla  
 Sabrina & Gary Fayerman  
 Carol Feldman  
 Dorothy Feldman  
 Joy & Max Feldman  
 Libby & Harry Feldman  
 Louise & Izzy Feldman  
 Maxine & Milt Fischbein  
 Mary & Arthur Fishman  
 Nancy Flatters & Andrew Oppenheim  
 Wylma & Irwin Freedman  
 Toba & William Friedman  
 Dr. Jana & Bryant Frydberg  
 Andres Galindo  
 Anat Gat  
 Nancy & Dr. Avery Gillick  
 Halley & Bruce Girvitz  
 Louise & Saul Glin  
 Sherry Goldenberg  
 Diana & Adrian Goldstein  
 Sondra & George Goodman  
 Anne & Sam Goresht  
 Raisa Goyhman  
 Lori & David Gray  
 Alyson & Barry Grobman  
 Muriel & Arnold Grobman  
 Therese & Charles Groner  
 Annabelle Gurevitch  
 Sheila & Dr. Ralph Gurevitch  
 Brett Habijanac  
 Jackie Halpern & Glenn Solomon  
 Jackie & Hayim Hamborger  
 Zelda Hanson

Becky Hapton  
 Trudy & Howard Harowitz  
 Anne & William Harris  
 Heenan Blaikie LLP  
 Vivian & Dr. Benjamin Herman  
 Sylvia Hochman  
 Leni & Dr. Burton Hoffman  
 Arlene & David Holmes  
 Jaclyn Horne-Grintuch &  
 Dr. Ben Grintuch  
 Terry & Marty Hornstein  
 Bob Innes  
 Sylvia Itzcovitch  
 Charlotte Jacobson  
 Karen James  
 Linda & Ron Jeffery  
 Jewish Community Foundation  
 of Calgary -  
 Adele Saper Endowment Fund  
 Alex & Phyllis Rubin Endowment Fund  
 Norman & Beulah Martin  
 Endowment Fund  
 Sam & Ida Switzer Community Fund  
 Waterman Family Endowment Fund  
 Barbara Joffe  
 Joan Joffe  
 Mona & Cy Joffe  
 Steve Kaganov  
 Diana Kalef & Elliott Steinberg  
 Helene & Norman Kalmanovitch  
 Dan Kaplan -  
 United Way Donor Choice  
 Maureen & Joe Katchen  
 Deborah & Dr. Larry Katz  
 Loti & Ben Katz  
 Sarah Katz  
 Sheila & Michael Katz  
 Eta & Morley Kerr  
 Naomi Kerr  
 Riva Kessel

Ida & Boris Khitrine  
Doreen & Cecil Kline  
Janis & Brian Kowall  
Barb & Ron Krell  
Zhanna Kreymer  
Deborah Krowitz  
Debbie & Albert Krygier  
Nicki & Cory Krygier  
Rosalee & Saul Krygier  
Hadassah & Nate Ksienski  
Israel Lachovsky  
Muriel Lainof  
Sharna Laven  
Debbie Lazanik  
Darlene & Dan Lebenzon  
Lesuto Developments Inc.  
Natalie Levitt & Steve Elman  
Toto & Mort Levitt  
Barbara Libin  
Harriet & Phil Libin  
Stuart Libin  
Susan & Dr. Murray Lieberman  
Ricky & Gary Lifshits  
Rochelle & Max Lipsman  
Saundra & Harold Lipton  
Judge Steven Lipton  
Lorne Price Professional Corp.  
Margie & Stan Margolis  
Brenda-Ann & Colin Marks  
Karla & Eugene Marks  
Beulah & Norman Martin  
Betty Mayer  
Trish & Dr. Stanley Mayer  
Miriam Meir  
Roslyn Mendelson & David Hodgins  
Sylvia & Irving Meyers  
Esther Migdal  
Miriam Milavsky  
Gerry Miles  
Jackie & Ian Mills  
Cheryl & Randy Milner  
Cheryl & Rob Milner

Minister of Finance -  
Community Spirit Grant  
Eleanor & Jack Mintz  
Karen Mizeri & Phil Nimmo  
Charlene & Gerry Molotsky  
Marilyn Moss & Sam Hanson  
Leo Mnushkin  
Lila & Jacques Mydlarski  
Therese Nagler  
Danna & Dr. Leonard Numerow  
Madeline & Michael Nutik  
Bobbie & Rabbi Shaul Osadchek  
Arthur Osborne  
Lori & Jon Paine  
Painted Light Productions  
Dr. Raechelle & Lorne Paperny  
Cathy & Richard Pearlman  
Frances Pearlman  
Dale & Jack Pepper  
Shirley & Daniel Philips  
Phillip Meyers Prof. Corp.  
Esther & Sam Plucer  
Ron Plucer  
Susan & Myron Podlog  
Sylvia Polsky  
Edith & Lou Pomerance  
Phil Pomerance  
Sara & David Profis  
David Quan  
Frank Rackow  
Donna Riback  
Faith Riback  
Sheila Riesenberg  
Rimon Calgary  
Dr. Gayla & Brian Rogers  
Justice Steven Rogin  
Agi Romer Segal & Eliezer Segal  
Felice & Dr. Ed Rosenbaum  
Mona & Ben Rosenbaum  
Irene & Dr. Stuart Ross  
Phyllis Rubin  
Larry Ruskin

Carol & Larry Ryder  
Dr. Jaclyn Safran  
Heather & Brian Saltman  
Leah Saltman  
Monica & Alan Samchek  
Sharon & Allan Sattin  
Ruth Shapiro  
Medina Shatz  
Jackie & Roy Shaw  
Bev & Larry Sheckter  
Arnold Sherman  
Gayle Sherman & Dr. Brian Shustack  
Janet & Harry Sherman  
Cheryl & Robert Shiell  
Svetlana Shklarov & Shel Laven  
Cheryl & Morley Shore  
Michael Shugarman  
Cheryl & Wayne Shur  
Heather & Harley Shuster  
Gail & Brian Sidorsky  
Hentze Signer  
Lisa & Markham Silver  
Elaine & Bob Silverman  
Karen & Morley Sklar  
Joan Smehoff  
Alekssei Smirnov  
Carey & Dr. Stanley Smith  
Pearl Smith  
Jerry Snukal  
Harry Soroka  
Dr. Shelley Spaner  
Sondra & Joe Spier  
Andria Spindel  
Sybil & Dr. Coleman Staniloff  
Abby Steinberg  
Anna & Jan Steinberg  
Beth & Craig Steinberg  
Dori-Ann Steinberg  
Rosslyn & Norman Steinberg  
Risha Steinman  
Martha & Wayne Stewart  
Edith & Norman Sugarman

Dr. Pat & Mark Sullivan  
Sheila Sunderland  
Helen & Mark Swartz  
Ida & Sam Switzer  
Sam Switzer  
Shauna Switzer  
Darlene Switzer-Foster & Bill Foster  
Deborah Sword  
Mary & Dr. Ken Taub  
Wynne & Harvey Thal  
The Calgary Foundation -  
Joe Brager Continuous Learning Fund  
Kayak Foundation  
Milavsky Family Fund  
Osten-Victor Fund  
Shaune Thompson  
Lisa & Ian Thomson  
Angela Torry  
United Israel Appeal of Canada  
Evelyn Viner  
Fran Viner  
Lynn Viner & Mel Citrin  
Marsha & Ian Viner  
Charlotte Vitale  
Bonnie & Victor Vogel  
Vogel LLP Lawyers  
Kathie & Dr. Stephen Wainer  
Helen Walker  
Waterman Family  
Leigh Wells  
Dr. Brian Whitestone  
Vivian & Richard Winestock  
Colleen & Dr. Brent Winston  
Chris Winter  
Riva Wolf  
Anne & Maurice Yacowar  
Diane & Dr. Leo Zalmanowitz  
Dr. Ivan Zende  
Helen & Leonard Zenith  
Yuriy Zhvov  
Rose Zivot  
Minnie & Elliott Zuckier

# JFSC Staff

Barb Dickie  
Maida Edey  
Carley Goetting  
Ronalda Greensides  
Marty Hornstein  
Inessa Kessel  
Monica Lis  
Tara Luhtanen  
Nicole MacGregor  
Megan MacLeod

Annetta Manful  
Tanya Muschanov  
Hazel Orpen  
Shirley Rosen  
Cirel Rutstein  
Albina Shuman  
Andrea Silverstone  
Greg Storozhakov  
Robyn Winograd  
Lori Wolf

# JFSC Board of Directors

Dr. Martha Cohen  
Dr. Judy Curry  
Max Feldman  
Dr. Jana Frydberg  
Dr. Ben Grintuch  
Stephen Kaganov  
Lev Khitrine  
Nicki Krygier  
Brenda Lieberman  
Gary Lifshits

Dr. Stanley Mayer  
Danny Oppenheim  
Bobbie Osadchey  
Dr. Raechelle Paperny  
Medina Shatz  
Craig Steinberg  
Rosslyn Steinberg  
Lisa Thomson

*We are a partner agency of the Calgary Jewish Federation and UJA.*

## Thank You to Our Volunteer Receptionists!

Along with Eleanor Mintz who has been, and continues to be, such a valuable volunteer at reception since 2009, we are very pleased to introduce 3 more volunteer receptionists who look after the front desk at different times during the week.



Marla Maitman



Jennie Drinkwater



Cheryl Lopez



Please help us cut down our costs and help the environment by signing up to receive this newsletter and other correspondence from JFSC via email. This information is confidential and will not be shared with any other organization. Please contact [ronalda@jfsc.org](mailto:ronalda@jfsc.org) to be part of this growing trend.